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INSIDE THIS

ISSUE:

www.guidesquebec.ca guides-quebec@bellnet.ca

Membership Growth = Making a Difference in the World

The Piccolo

April 2011

Growing Guiding in Quebec ensures that we live up to our promise of 'taking action for a better world'. Confident, resourceful and courageous girls build stronger communities.

Spring Pre-registration Campaign The Challenge is on!

First Aid	2	Pre-registration for the Province in the 2010-2011 Guiding year was: 23%
Police Record Check Renewal	2	
PR & Cookie News	3	Pre-registration target for the province for 2011-2012 year is: 35% - Can we beat this target???
Provincial Office new address	3	You will be receiving your unit pre-registration kits very shortly. Let's take on the
Search for Elected Members	4	pre-registration challenge and get a jump start on our registration for the 2011-2012 Guiding year.
Congrats	4	Who will win the \$200????? Will it be your District?????
Young Women's Forum	5	Spring 'Bring a Friend" Meetings
Scholarship Reminder	5	Another way to help 'Guiding Grow" is a springtime 'Bring a Friend' meeting. We know that some units have already had their meetings – congratulations!
Special Announcement	6	Very early in the fall you will be receiving an instant 'Bring a Friend" kit to help you jump start your year and grow Guiding in your Unit and District. More details will be in the
Volunteers Needed	7	August Piccolo.
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Red Cross First Aid Courses from Pulse Aide Inc.



Training Partner Complete details of First Aid Requirements for Safe Guide Activity Levels are found in

the Safe Guide document, July 2010 update, found on the Girl Guides of Canada website.

N.B. All First Aid Qualifications must be entered into iMIS before your Safe Guide Activity!

All courses include current Red Cross Manual and Certification valid for 3 years.

Tentative Dates pending sufficient interest – last courses before summer break, so RSVP asap! Emergency First Aid Course (8 hours) – Sat. May 28, 2011 8:30am-5:30pm NDG \$95 Standard First Aid Course (16 hours) - Sat. & Sun. May 28 & 29, 2011 8:30am-5:30pm NDG \$115

Upon completion, GGC–Quebec Council will reimburse 2/3 of the cost for an (adult) Guider

For more information, course schedule, to register in a scheduled course or to book a course for yourself or for your own District or Guiding community at a time and location most convenient for you,

please email joanlax@liberty-i.ca

Police Record Check Renewals

Does your Police Record Check (PRC) expire in July, August, or September?

Have you received a letter from the Provincial Office with a PRC form and instructions on how to renew your PRC?

Have you completed the form yet, has your District Commissioner or Trefoil Guild President checked your ID, signed the form and returned it to Provincial Office yet?

If the answer to the last question is NO – then please DO IT NOW.

Remember, summer is coming and people are hard to get hold of to check and sign the form for you.

If it is not done by your expiration date you will be cancelled as a member on the first of the month following your expiration date.

If you have misplaced or lost your form let me know and I can email or mail you a new one. Email me at screening@guidesquebec.ca or leave me a message at 514-933-5839.

AVOID THE RUSH! DO IT NOW.

Margaret Martin

PR & COOKIE NEWS

Ads and Postcards:

- The Volunteer Week Ad is now up on Memberzone here is the link: <u>https://</u> memberzone.girlguides.ca/Administration/advertising_campaigns/Promotional%20Material/ National%20Volunteer%20Week/national-volunteer-week-ad.pdf
- Adult member postcards are on Memberzone here is the link: https://memberzone.girlguides.ca/ Administration/advertising_campaigns/SitePages/Promotional_Material.aspx?RootFolder=% 2FAdministration%2Fadvertising%5Fcampaigns%2FPromotional%20Material%2FMembership% 20Growth%20Postcards&FolderCTID=0x012000BE7D3CE878DD5F4DB

Cookies:

- It's expected that we will buy more than 2.9 million boxes of the classic vanilla and chocolate cookies at \$4 per box. The cookies have been sold in Canada since 1927.
- The cookies are made by Dare Foods Ltd. in a nut-free/peanut-free plant and have zero grams of trans fat.
- Over 320 units across the country participated in Sears' Day this month.
- The shelf life for the classic chocolate and vanilla cookies has been updated to 8 months. Research is underway for the shelf life of the chocolatey mint cookies which is to be announced for the 2012 mint campaign.
- From the Girl Guides of Canada website, this recipe was created by the 2nd Hampton Pathfinders in Hampton, N.B., and shared by Joanne Nickerson:

Girl Guide Cookie Cheesecakes

6 vanilla Girl Guide cookies 6 chocolate Girl Guide cookies 125 ml (1/2 cup) white sugar 2 - 225-g (8-oz) pkg soft cream cheese 5 ml (1 tsp) vanilla 2 eggs

Method:

Line 24 muffin tins with medium-size muffin liners. Split Girl Guide cookies in half and eat the creamy filling. Place 12 vanilla cookie halves in one muffin pan and 12 chocolate cookie halves in the other muffin pan (remember to place the cookie wafer emblem-side-down so you can still see it once the cheesecakes are cooked). Mix cream cheese, vanilla and sugar on medium speed until well blended. Add eggs and mix well. Pour over wafers, filling 3/4 full. Bake for 20 minutes at 160 C (325 F). Remove from pan when cool and chill. Top cheese-cakes with toppings of your choice (caramel sauce, whipped cream and a few pecans on the vanilla cheesecakes or try a little whipped cream and some chocolate shavings to dress up the chocolate cheesecakes



ReminderThe Provincial Office has moved.New Address - 100 Alexis Nihon Sutie 270St. Laurent, QCH4M 2N7Please do not stop by our old address and slip envelopesinto the mail slot.There is no one there to pick them up!

GGC Quebec Council is currently seeking 2 Elected Members

Quebec Council is comprised of 10 voting Members and chaired by the Provincial Commissioner. Members serve a three year term. Membership is staggered so that each year new women join the Council providing new perspectives and expertise.

Quebec Council is currently seeking 2 new Elected Members who will commence their (3 year) term in May 2011.

We are seeking applicants who:

- Will actively contribute to meetings share their knowledge, provide opinions, offer advice
- Have a broad understanding and commitment to the Vision and Mission of Girl Guides of Canada
- Think and act strategically
- Support the direction of Quebec Council
- Speak English and French with a knowledge of other languages considered a strong asset
- Are comfortable with electronic communication and have a good knowledge of Microsoft Office programs
- Have expertise in one or more of the following areas:

Marketing/promotion/communications Website design and social media Community Outreach Training/Education Youth Programming Change Management Operational Plan Development

To be considered for election, a candidate must have attained the age of majority (18+) and be a Member of Girl Guides of Canada-Guides du Canada or eligible for Membership and willing to become a Member.

We also seek a diversity of ethno-cultural backgrounds, ages, international experiences, life experiences.

Council members are expected to attend 3-5 meetings per year. Communication between in-person meetings is done primarily via email. There are also occasional conference calls. Elected Members may be asked to participate in task groups of the Council.

Application

For more information or to receive an application package, please contact GGC-QC Nominations Committee at <u>gcnominations@gmail.com</u>

Application closing date: April 29, 2011



Congratulations!

Alexandra Hamel from Ste.Julie, Quebec, will represent the Girl Guides of Canada – Guides du Canada at the **Swiss Adventure 2011** our nationally sponsored event being held at Our Chalet in Switzerland.

GGC- Québec - Young Woman's Forum



Mark your Calendars -

Who: All Guiding Members 17-35 years

When: May 28th, 2011

Where: Concordia University

Time: 2:00pm-4:00pm

Topics: Guest Speaker - Sarah Govan - Board Director - Opportunities for Young Women in GGC

Meet a panel of young women involved in different aspects of Guiding in Québec Open discussion - Topic to be decided after we hear from you on Facebook

Facebook: By the end of April there will be a Facebook page for you to consult and participate in shaping the final content of the forum (More details to come)

The Young Woman's Forum Organizing Team - ricedi1981@gmail.com

GGC-QUÉBEC SCHOLARSHIP APPLICATION DEADLINE IS June 1, 2011 at the Provincial Office. The Application Form and the Criteria are available on our website at: guidesquebec.ca under 'Forms' or from the Provincial Office.

A REMINDER!

Special Announcement – New Deputy Provincial Commissioners Term starting May 5, 2011

I am pleased to announce our three new Deputy Provincial Commissioners effective May 5, 2011.

Deputy Provincial Commissioner – Girl Engagement – Amber LeBrun

For those who know Amber she brings with her a wealth of experience in Guiding and an understanding of to-days' youth. Amber along with Marguerite Latrielle has been spearheading the "Girls for Safer Communities" National Project in Quebec. Amber will be graduating from Concordia University this year with a Degree in Journalism.

Ambers' focus will be to consult and develop a provincial strategy for making 'girl engagement' a 'way of work' within the province.

Deputy Provincial Commissioner – Membership Growth – Tammy Leclair

Tammy brings with her extensive experience in Guiding as a Guider and District Commissioner, as well as, involvement in many other Guiding activities. Tammy currently uses her marketing and communications expertise in the business world and brings with her a business background in an international setting. In addition, Tammy has experience in website development, management and social media tools.

Tammy's focus will be to lead the Quebec Membership Growth Team in order to develop Québec's membership growth plan, implement the action plan, track performance, review and revise as required. Tammy will also be the Network Adviser, Registration and Retention.

Deputy Provincial Commissioner – Member Experience – Elaine Keeble

Elaine has held a variety of positions in Guiding in Quebec most notably as District Commissioner for Kirkland and Pincourt Districts, while being a dedicated Guider as well. Elaine has also contributed in other ways through Adviser positions and special projects. She brings with her an understanding of all our members' experience through her involvement. Elaine also brings many years of business experience which will be valuable as a Member of Quebec Council.

Elaine's focus will be to develop a strategy to support the role of the DC's and the Guiders, such that 'cheerleading and mentoring' becomes a part of the way we work with the girls in our units, within our Districts and provincially.

Pamela Rice Provincial Commissioner - Elect

ongratulations!

Honouring our Past and Celebrating our Present in Pictures

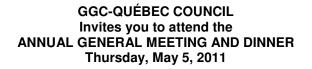


Special Project – Volunteers Needed

We are looking for volunteers to help review the collection of photos currently in our archives along with current pictures of our girl members in action. We want to digitize a selection of these images to be used in a montage for our new offices and to create a pictorial record of Guiding in the past and present. If you have a passion for preservation and/or are handy with a scanner, here's an opportunity to become involved at the Provincial level!

Target Completion: Late Fall 2011

Please contact Connie Morgenstern @ <u>conniee904@hotmail.com</u> if you would like to participate in this special project.



Special Guest: Chris Burton, Chief Commissioner

Registration and Cocktails: 5:30 p.m. to 6:30 p.m. Dinner: 6:30 p.m. – 8:00 p.m. AGM and Installation of our PC Elect, Pamela Rice: 8:00 p.m.

Crown Plaza Hotel, Dorval 6600 Côte de Liesse, Montreal, QC Cost: \$45.00 per person Tickets may be purchased through the Provincial Office Please confirm your order for tickets by April 22, 2011

Dinner tickets will not be available at the door. Attending the meeting only? RSVP to the Provincial Office at guides-quebec.recep@bellnet.ca or call Shannon at (514) 933-5839 Northshore District sent a Tip of the Hat to Lori Labelle for organizing their fantastic District Valentine Winter camp held in February. Without her organization, there would not have been a camp. Thank you, Lori, for your time and devotion to Guiding. We really appreciate it.

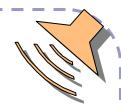
Tip of the Hat





Carlada Guides Guides NATIONAL SERVICE PROJECT 2011





Learn, Act, Share

Suggested activities to do with your unit. http://www.nationalserviceproject.ca/

SPARK

Share: Do activities as a bridging meeting, by sharing the information with Brownie units and Guide units.

Act: Empower your girls by telling them that every single one of them is important to our world.

Learn: Learn how girls and women are treated and how they live in 5 WAGGGS countries.

BROWNIE

Act: Brainstorm and talk about what equality and empowerment means to each of us; and share with a Guide Unit, parents and post them.

Learn: 1) Talk about what equality and empowerment means to us all. The girls can group in their circles and brainstorm and talk.

2) At your weekly Unit meeting learn about Brownies in other countries. Make puppets of Brownies from countries of your choice. Then perform group plays about having fun at Brownies

Share: Post your action on the National Website.

GUIDE

Act: Participate in an activity and learn how to find something good in everyone and how to let them know what we see in them that they might not even know.

Learn: How to identify good qualities in themselves and others whether we've known them for a long time or if we've just met them

Share: Post your action on the National Website.

PATHFINDER

Act: Share an evening with other members of all ages - teach others to be emPOWERed – teach others that they are all princesses and that they can make a difference

Learn: About women's issues worldwide - importance of making a difference - it is ok to stand out in a crowd -

princesses are all different - working together produces the best decisions - planning is important and does make the event run

easier - girls of all ages love to dance and have fun - leaders do not always have to get their way - emPOWERed girls are powerful!!!

Shared: Encourage to share with family, friends, and community the emPOWERment that Guiding gives to all members and females worldwide

RANGER

Action: Conduct a huge day event where you set up stations designed to deal with issues affecting young girls/ women around the world ie poverty, lack of education etc. Do it in a fun manner.

Learn: About issues affecting your girls/women around the world.

Share: Post your action on the National Website.

Order your crests starting April!

Commande de crests Commence en avril!



Apprends, Agit, Partage

Suggestion d'activités à faire avec votre unité http://www.nationalserviceproject.ca/

SPARK

Partage: Faire une activité de connexion en partageant de l'information avec une unité de Brownie et Guide Agit: Donner du pouvoir aux filles en leurs disant que chacune d'entre elles sont importante dans notre monde.

Apprends: Comment les filles et les femmes sont traitées et comment elles vivent dans 5 des pays de l'ANGE.

Agit: Remue méninge et parle de ce que l'égalité et le fait de donner du pouvoir aux filles/femmes veut dire pour nous; et partage avec une unité de Guide, des parents et affiche les conclusions.

Apprends: 1) Discute de ce que l'égalité et le fait de donner du pouvoir veut dire pour nous. Les filles peuvent se réunir dans leur cercle et discuter.

2) À votre réunion apprendre au sujet des Brownies dans d'autres pays. Faire des marionnettes des Brownies d'autres pays et en groupe faire une performance sur comment avoir du plaisir à une rencontre de Brownies.

Partage: Publier vos actions sur le site National.

GUIDE

Agit: Participe à une activité et apprends comment trouver quelque chose de bon dans chacune et comment laisser savoir ce que nous voyons qu'elles ne savent pas encore.

Apprends: Comment identifier les bonnes qualités dans nous mêmes et les autres - même si nous connaissons les filles depuis longtemps ou venons juste de les rencontrer. Partage: Publier vos actions sur le site National.

PATHFINDER

Agit: Partage une soirée avec d'autres membres de ton âgeenseigne leurs comment avoir du pouvoir- enseigne leurs qu'elles sont toutes des princesses et qu'elles peuvent faire la différence.

Apprends: À propos des problèmes des femmes dans le monde – de l'importance de faire la différence – que cela est correct de se démarquer des autres – que les princesses sont toutes différentes – que travailler ensemble fait une différence et produit de bonnes décisions – que la planification est importante. Les filles de tous les âges aiment danser et avoir du plaisir. Apprends que les cheftaines n'ont pas toujours à faire les choses de leurs façons et que le fait de donner du pouvoir aux filles est puissant.

Partage: Partager avec la famille, les amis, et la communauté comment le mouvement Guide réussi à donner du pouvoir à tous ses membres mondialement.

RANGER

Agit: Conduire un évènement d'un jour ou vous avez des stations désignées afin de traiter des différents problèmes affectant les jeunes filles/femmes dans le monde (pauvreté, manque d'éducation etc) d'une manière à avoir du plaisir. Apprends : Au sujet des problèmes des filles/femmes dans le monde

Partage: Publier vos actions sur le site National.

WA-THIK-ANE CAMP CLEAN-UP DAY May 14 2011

Voluneers Neelel MAY 2011

ALL Guiding members with their families and friends are invited to help clean up our provincial campsite. Help is needed to clean and inventory sites, pitch tents and skilled labour is always welcome for electrical, roofing, carpentry, plumbing and other tasks.

A BBQ lunch provided for all helpers. PLEASE LET US KNOW IF YOU ARE COMING and if you have any special skills, tools or interest !

<u>qcguidescamp@bell.net</u>.

SERVICE & SISTERHOOD EVENT

For Pathfinders & Rangers

Friday May 13 – after 7 pm to Sunday May 15 – 1 pm

Enjoy camping and outdoors and *want to take action for a better world*? Will you *share your talents & abilities* doing a Service Project at Camp Wa-Thik-Ane? Want to *share in the sisterhood of Guiding* with other Pathfinders & Rangers? SIGN UP NOW!

ONLY \$20 per person (5 meals & accommodation included)

Groups can choose a project ahead of time to accomplish project planning challenges or help out where the Camping and Property Committees feel they are needed.

Activities will focus on planning and socialising, camp clean-up – cleaning, repairing and rebuilding; Saturday evening is for campfire, fun and friendship; wrap up on Sunday morning with games, outdoor fun and finishing up projects.

Unit Guiders – if 6 girls OR your entire unit (if less than 6) register - One Guider is free

Guiders or girls can get copies of the SG1 & SG2 forms from <u>QCGuidescamp@bell.net</u> or call the office to have them mailed to you.

GUIDERS

The next pages are CAMP FLYERS FOR YOUR UNITS Volunteers & Staff Still needed – contact us for details Please copy the pages which apply and distribute to your girls PDF versions are available from <u>QCGuidescamp@bell.net</u>



Outdoor Cooking - Arts & Crafts - Campfire

Mom & daughter (or other female adult) spend 2 nights and 3 days in the woods at Camp Wa-Thik-Ane in Morin Heights, Quebec. Each 5-8 year old camper shares her tent and camp experience with "Mom"; playing, eating and exploring the natural world and gaining independence and camp experiences based on the Spark and Brownie Program.

All participants are expected to help with camp chores and fully participate in all activities.

Camp fee includes:

- 2 nights accommodation in a canvas tent for both participants together
- 2 breakfasts, 3 lunches, 2 dinners and snacks
- All program activities
- Opportunities to get to know your daughter and for both of you to learn about living outdoors

Camp fees do NOT include:

- Transportation
- Personal equipment including sleeping bag, mattress and rain gear
- Tuck shop purchases (treats, badges etc...)

REGISTRATION FORMS AVAILABLE NOW AT <u>www.guidesquebec.ca</u> NOTE: Application Deadline May 15, 2011



Woods, Water & Wonderful Fun (for girls 6-9 years old)



Tuesday July 5 — Saturday July 9 - \$ 200 (taxes included)

Girls learn independence and introductory camp skills in a structured, supervised setting at this 4 night tent camp in the woods at Camp Wa-Thik-Ane in Morin Heights, Quebec. Campers explore the natural world, including the frog pond; enjoy waterfront activities and have fun with crafts, games and songs while becoming comfortable with camp life. Activities from the Brownie & 1st year Guide programs

Waterfront Fun (for girls 8-12 years old)

Sunday July 10 — Friday July 15 - \$ 300 (taxes included)



Camp program focuses on swimming, boating and lifesaving & boat rescue skills while living in a structured, supervised camp setting at Camp Wa-Thik-Ane in Morin Heights. This camp is for girls with some camp experience and a love for water activities. All participants must have completed the Girl Guides of Canada Swim & Boat test prior to coming to camp, which can be done at a local pool.

Frogs & French Toast (for girls 8-11 years old)

Sunday August 7 — Friday August 12 - \$ 300 (taxes included)



Camp program focuses on more in depth exploration of the frog pond, chasing butterflies and fireflies while learning how to safely cook your meals outdoors in new and different ways including breakfast on a camp stove and baking cookies in a reflector oven. Campers are fully supervised and sleep indoors in bunk beds. Camp fee includes a meal prepared for family members on Friday.

Camp fee includes accommodations, all meals and snacks, all program activities with opportunities for your daughter to gain independence and learn to live outdoors

Camp fees do NOT include transportation, personal equipment including sleeping bag, mattress and rain gear, tuck shop purchases (treats, badges etc...)

All participants are expected to help with camp chores and fully participate in all activities.

REGISTRATION FORMS AVAILABLE NOW AT <u>www.guidesquebec.ca</u> NOTE: Application Deadline May 15, 2011



Week in the Woods at Wa-Thik-Ane (for girls 9-12 yrs old)

Sunday July 3 — Saturday July 9 - \$ 275 (taxes included)



Girls learn independence and camp skills in a structured, supervised setting at this 6 night tent camp in the woods at Camp Wa-Thik-Ane in Morin Heights, Quebec. Campers explore the natural world; enjoy swimming & boating activities and have fun with crafts, games and songs while developing their skills and becoming comfortable with the outdoors. Activities are from the Guide program

Waterfront Fun (for girls 8-12 years old)

Sunday July 10 — Friday July 15 - \$ 300 (taxes included)



Camp program focuses on swimming, boating and lifesaving & boat rescue skills while living in a structured, supervised camp setting at Camp Wa-Thik-Ane in Morin Heights. This camp is for girls with some camp experience and a love for water activities. All participants must have completed the Girl Guides of Canada Swim & Boat test prior to coming to camp, which can be done at a local pool.

Music, Arts and Drama (for girls 10-14 years old)

Sunday July 24 — Friday July 29 - \$ 300 (taxes included)



Camp program focuses on the creative and performing arts, while living in a structured, supervised camp setting at Camp Wa-Thik-Ane in Morin Heights. Camp program will use nature in creative endeavours both as works of art and in performance. Campers will live in tents and develop camp skills and share their creativity with friends and family at a display and performance on Friday.

Frogs & French Toast (for girls 8-11 years old)



Sunday August 7 — Friday August 12 - \$ 300 (taxes included)

Camp program focuses on more in depth exploration of the frog pond, chasing butterflies and fireflies while learning how to safely cook your meals outdoors in new and different ways including breakfast on a camp stove and baking cookies in a reflector oven. Campers are fully supervised and sleep indoors in bunk beds. Camp fee includes a meal prepared for family members on Friday.

Camp fee includes accommodations, all meals and snacks, all program activities with opportunities for your daughter to gain independence and learn to live outdoors

Camp fees do NOT include transportation, personal equipment including sleeping bag, mattress and rain gear, tuck shop purchases (treats, badges etc...)

All participants are expected to help with camp chores and fully participate in all activities.

REGISTRATION FORMS AVAILABLE NOW AT <u>www.guidesquebec.ca</u> NOTE: Application Deadline May 15. 2011



Week in the Woods at Wa-Thik-Ane (for girls 11-15 yrs old)



Sunday July 3 — Saturday July 9 - \$ 275 (taxes included)

Girls learn independence and camp skills in a structured, supervised setting at this 6 night tent camp in the woods at Camp Wa-Thik-Ane in Morin Heights, Quebec. Campers explore the natural world; enjoy swimming & boating activities and have fun with crafts, games and songs while developing their skills and becoming comfortable with the outdoors. Activities are from the Pathfinder program

Waterfront Fun (for girls 12-17 years old)

Sunday July 17 — Friday July 22 - \$ 300 (taxes included)



Camp program focuses on swimming, boating and lifesaving & boat rescue skills while living in a structured, supervised camp setting at Camp Wa-Thik-Ane in Morin Heights. This camp is for girls with some camp experience and a love for water activities. All participants must have completed the Girl Guides of Canada Swim & Boat test prior to coming to camp, which can be done at a local pool.

Music, Arts and Drama (for girls 10-14 years old)



Sunday July 24 — Friday July 29 - \$ 300 (taxes included)

Camp program focuses on the creative and performing arts, while living in a structured, supervised camp setting at Camp Wa-Thik-Ane in Morin Heights. Camp program will use nature in creative endeavours both as works of art and in performance. Campers will live in tents and develop camp skills and share their creativity with friends and family at a display and performance on Friday.

Wilderness Safety (for girls 12-17 years old)



Sunday July 31 — Friday August 5 - \$ 300 (taxes included)

Experience camp from a new perspective; program will include practicing first aid scenarios, experimenting with different ways to start a fire and testing different shelters. Campers will explore wilderness camping techniques and ensure they are prepared to stay safe and healthy in the wilderness. Participants may choose to complete their Standard First Aid Certification during the week for an additional cost. This camp is for campers with some experience and a willingness to try new things. *Additional \$100 cost if First Aid Certification is desired*.

Camp fee includes accommodations, all meals and snacks, all program activities with opportunities for your daughter to gain independence and learn to live outdoors

Camp fees do NOT include transportation, personal equipment including sleeping bag, mattress and rain gear, tuck shop purchases (treats, badges etc...)

All participants are expected to help with camp chores and fully participate in all activities.

REGISTRATION FORMS AVAILABLE NOW AT www.guidesquebec.ca

NOTE: Application Deadline May 15, 2011



Week in the Woods at Wa-Thik-Ane (for girls 14-17 yrs old)



Sunday July 3 — Saturday July 9 - \$ 275 (taxes included)

Girls learn independence and camp skills in a structured, supervised setting at this 6 night tent camp in the woods at Camp Wa-Thik-Ane in Morin Heights, Quebec. Campers explore the natural world: enjoy swimming & boating activities and have fun with crafts, games and songs while developing their skills and becoming comfortable with the outdoors. Activities are from the Pathfinder and/or Ranger program

Waterfront Fun (for girls 12-17 years old)

Sunday July 17 — Friday July 22 - \$ 300 (taxes included)

Camp program focuses on swimming, boating and lifesaving & boat rescue skills while living in a structured, supervised camp setting at Camp Wa-Thik-Ane in Morin Heights. This camp is for girls with some camp experience and a love for water activities. All participants must have completed the Girl Guides of Canada Swim & Boat test prior to coming to camp, which can be done at a local pool.

Wilderness Safety (for girls 12-17 years old)



Sunday July 31 — Friday August 5 - \$ 300 (taxes included)

Experience camp from a new perspective; program will include practicing first aid scenarios, experimenting with different ways to start a fire and testing different shelters. Campers will explore wilderness camping techniques and ensure they are prepared to stay safe and healthy in the wilderness. Participants may choose to complete their Standard First Aid Certification during the week for an additional cost. This camp is for campers with some experience and a willingness to try new things. Additional \$100 cost if First Aid Certification is desired.

First Aid & Safe Guide Weekend (for those 14 years and over)



Saturday August 6 — Sunday August 7 - \$ 150 (taxes included)

For Rangers, Trefoil Guild Members, Guiders, Moms and older sisters; Standard First Aid Training and camp fun - Complete your Standard First Aid Training while sharing in the sisterhood of Guiding. Safe Guide Training included if needed (1 night, 4 meals and course materials)

Camp fee includes accommodations, all meals and snacks, all program activities with opportunities for your daughter to gain independence and learn to live outdoors

Camp fees do NOT include transportation, personal equipment including sleeping bag, mattress and rain gear, tuck shop purchases (treats, badges etc...)

All participants are expected to help with camp chores and fully participate in all activities.

REGISTRATION FORMS AVAILABLE NOW AT www.guidesguebec.ca

NOTE: Application Deadline May 15, 2011

